

Northern Fruit and Vegetable Program



Northeastern
PUBLIC HEALTH
SANTÉ PUBLIQUE
du Nord-Est

Northern Fruit and Vegetable Program (NFVP)

The NFVP is a school-based food literacy program that supplies two servings of vegetables and fruit weekly to students (K-12) throughout Northern Ontario. For the 2026/2027 school year, it is anticipated that the program will begin in September to June.

Program Objectives

The primary objectives of the NFVP are to:

- Increase awareness and consumption of fruits and vegetables among school-aged children.
- Educate school-aged children and their families about the importance of eating fruit and vegetables, and the associated benefits of healthy eating and physical activity to overall health.

Registration and Participation

- You will receive a registration email from nfvp@neph.ca at the start of the school year.
 - You will be registered for the school year after filling out this survey
- Throughout the year you will receive communication and updates from Northeastern Public Health (NEPH), about the program.
- Produce deliveries will be organized and delivered by the Ontario Fruits and Vegetables Association (OFVGA).
 - Communication from OFVGA will be facilitated by NEPH.
- Each participating school is required to have one staff member onsite with a valid Food Handlers Certificate.

- The food handlers' course can be provided for free by NEPH if a school requires a staff member to obtain a certificate.

Program Funding

The NFVP program is free for schools to participate in. It also includes additional funding to support the program in schools.

- There is a small amount of funding available for each school which is sent to the school board.
- Schools can access this funding through their school board.
- Funding amounts are affected by many factors and may vary each year.

**The Northern Fruit and Vegetable Program team can be contacted at
nfvp@neph.ca.**
